

# North Reading Parks & Recreation

235 North Street,  
North Reading, MA 01864



NORTH READING RECREATION WELCOMES & ENCOURAGES THE PARTICIPATION OF ALL CHILDREN & ADULTS WITH DIVERSE ABILITIES



## 2024 Spring/Summer Programs

**DISCLAIMER.** Participating in recreational activities may cause high levels of laughter and fun. It may also result in unforgettable experiences and friendships. Recreation may be habit forming.  
978-357-5216 or 978-664-6016 [www.northreadingma.gov/parks-recreation](http://www.northreadingma.gov/parks-recreation)



## Adult Programs

### Men's Basketball



A recreational basketball program for men 30 and over. This program is a non-competitive pick up program and consists of games only.

**Ages:** 30 years and up

**Session 1** 9 weeks  
**Dates:** Wed, 4/10-6/12  
No program 4/17  
**Time:** 7:00-9:00 PM  
**Cost:** \$100

**Session 2** 6 weeks  
**Dates:** Wed, 6/26-7/31  
**Time:** 7:00-9:00 PM  
**Cost:** \$115

**Location:** NR High School Gym  
189 Park St, NR 01864

### Volleyball



Come join in the fun with NRP&R and learn to play one of America's finest recreational and competitive team sports. This program is co-sponsored by a local sports club. This is a beginner/intermediate level 6 on 6 league with instruction as needed. BSCC performance dri-fit shirt included!  
**9 week session**

**Ages:** 18 years and up  
**Dates:** Mon 4/1-6/17  
NP 4/15, 5/27, 6/10  
**Time:** 7:00-9:00 PM  
**Cost:** \$135  
**Location:** NR High School Gym  
189 Park St, NR 01864

### Adult/Family First Aid & CPR



NRP&R and the North Reading Police Department have joined forces to bring first aid and CPR to the community. The program is taught in a very relaxed atmosphere where it is easy for everyone to learn and pass certification. Must attend both nights to be certified. Limited openings  
**2 night session**

**Ages:** 16 years and up  
**Dates:** Tues/Thurs, 6/10 & 6/12  
**Time:** 6:00-9:00 PM  
**Cost:** \$65  
**Location:** N.R. Police Station  
Henry Purnell Room  
150 Park St, NR 01864

### First ThRO Disc Golf Adult Clinic



Have fun learning one of the fastest growing sports in the country, disc golf. During this clinic, you will learn the skills, rules, score keeping, and course play (on a simulated course). All you will need to bring is a water bottle and the energy to have a great time!  
**4 week session**

**Ages:** 30 years and up  
**Dates:** Mon, 4/22-5/13  
**Time:** 1:30-2:30 PM  
**Cost:** \$90  
**Location:** IRP, Front Meadow  
15 Central St. NR 01864

### First ThRO Disc Golf Women's Clinic

**Ages:** 30 years and up  
**Dates:** Tues, 4/30-5/21  
**Time:** 6:00-7:00 PM  
**Cost:** \$90  
**Location:** IRP, Front Meadow  
15 Central St. NR 01864

### First ThRO Disc Golf Family Day

**Ages:** 8-99 years  
**Date:** Sat, April 13th  
**Time:** 10:00 AM-12:00 PM  
**Cost:** \$50 per family  
**Location:** Rita Mullin Field,  
100 Lowell Rd, NR 01864

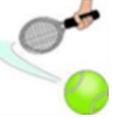
### Yoga Sculpt



A total body workout that will sculpt every major muscle group by combining yoga poses, strength training, and Pilates. This is a low-impact workout that will enhance muscle tone and flexibility. All fitness levels are welcomed and encouraged.  
**5 week session**

**Ages:** 18 years and up  
**Dates:** Wed, 3/20-4/24  
**Time:** 6:00-7:00 PM  
**Cost:** \$60  
**Location:** Town Hall Field/Gym  
235 North St, NR 1864

### Women's Beginner Tennis



Ladies join our Local Tennis Pro for a beginner tennis program. Matt Tiberii has been teaching tennis to all levels from toddlers to adult, beginners to experienced for over 18 years with NRP&R. His easy going personality makes it a pleasure to learn! Must bring racquet

**Dates:** Mon 5/13-6/24  
No program 5/27

**Session 1** 6 week session  
**Time:** 8:30-10:00 AM  
**Cost:** \$180  
**Location:** IRP Tennis Courts  
15 Central St, NR 01864

**Session 2** 6 week session  
**Time:** 7:00-8:30 PM  
**Cost:** \$180  
**Location:** NRHS Tennis Courts  
189 Park St, NR 01864

### Tennis, Advanced Cardio



Local Tennis Pro, Matt Tiberii, will join us again this spring with his popular tennis program with a twist to North Reading. Learn tennis with a cardio workout and drill playing. Program is geared towards experienced players. Matt, a USPTA Certified Instructor, has been teaching with Recreation since 1998!  
**6 week session**

**Dates:** Fri, 5/10-6/21  
No program 5/17  
**Time:** 8:30-10:00 AM  
**Cost:** \$180  
**Location:** IRP Tennis Courts  
15 Central St, NR 01864

### Boot Camp



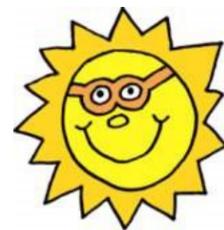
This popular interval class mixes calisthenics and body weight exercises with cardio and strength training. Designed to be different all the time and push participants through encouragement rather than intimidation. Be prepared for high intensity training and lots of fun!  
**2 times a week**  
**8 week session**

**Ages:** 18 years and up  
**Dates:** Tues & Thurs 6/25-8/15  
**Time:** 5:30-6:30 AM  
**Cost:** \$135  
**Location:** Ipswich River Park  
15 Central St, NR 01864



# SummerScape 2024

## Program for children entering 1st-7th grade



L.D. Batchelder School  
9:00AM - 3:00PM  
Monday through Friday  
June 24th - August 9th

Program start date is contingent on NRPS snow dates/end date. Please check our website for updates

### IMPORTANT INFORMATION

- Participants must pre-register for one week minimum. No daily registrations or walk in's.
- Before and After Care available for an additional fee and require pre-registration.
- Half Day option for children on Individual Education Plans and children attending another P&R run program.
- NR Recreation welcomes & encourages participation of all children with diverse abilities.

### Program Outline

#### Monday - Pay it Forward

Participants who are able and wish to participate, Pay it Forward each week by bringing donations for an organization / charity of our choosing and may include: animal shelters, Veterans, Community Giving Tree & NR food pantry. Children receive a Camper Coin for their donation upon check in. Participation optional.

#### Tuesday - Theme Day

Theme day is every Tuesday with games and activities geared toward the theme of the week! Children who **dress in theme** receive a Camper Coin upon check in for their participation.

#### Week 1 6/24-6/28 Fun and Games

Everybody gets involved with fun ice breaker games with friends old and new! Play some of our favorite field games like kickball, whiffle ball, relay races and more! Make new friends and friendship crafts. Party Makers Entertainment joins us on Wednesday with Mighty Music Bingo!

#### Week 2 7/1-7/3 Made in the USA *(No program 7/4 or 7/5)*

Dress in red, white & blue on **Monday** and receive a Camper Coin at check in! This week we celebrate America playing games and enjoying snacks that all originated in the USA!

#### Week 3 7/8-7/12 Nature Nuts

Get on your hiking gear & binoculars to join the fun and earn a Camper Coin! We'll explore nature through creative art, bug hunts, bird feeders, sun catchers & more!

#### Week 4 7/15-7/19 Sports Mania

Wear your favorite sports Team garb on theme day to earn a Camper Coin! Get ready for Sports Mania playing some of our favorite field/gym games with kids vs staff!

#### Week 5 7/22-7/26 Movie Star Madness

Dress like your favorite movie star on theme day to earn a Camper Coin. Walk the red carpet, play "name that star" / "movie", charades and more!

#### Week 6 7/29-8/2 Gone Country

Grab your boots and gear up for our favorite Gold Rush game complete with Staff sheriff and bank robbers. Search for gold and get to the bank before getting 'tagged' by bank robbers!

#### Week 7 8/5-8/9 Build & Play

Throw on your construction gear because this week we have NRPD, NRPD, DPW & RMLD joining us for Touch a Truck day! Climb in vehicles, beep horns and more at this fun annual event!! Kids also 'build & play' this week with catapults, rockets and more!

#### Wednesday Entertainer's Day

Entertainers join us at Summerscape for an afternoon of fun with some great interactive shows! ALL entertainers have been properly vetted and at NO time will a child be without staff supervision.

#### Thursday Water Day

Weather dependent, **every Thursday is Water Day** at Summerscape! Children participate in some fun water games like duck duck splash, take a ride down our new waterslide, or go the distance on the slip and slide. Cool off your Counselors in the dunk tank! Remember to wear your bathing suits and water shoes. Be sure to bring a towel, change of clothes and sneakers.

#### Friday Crazy Relay Day

Crazy Relay Day! Counselors and children participate in some of our favorite silly relay games!

- Snack Cart
- Camper Coins

Brought out each day at lunch time. Children have the option of purchasing a snack from the cart. All items \$1.00 Options include: Granola bars, crackers, gold fish, candy, chips, fruit snacks and more. Kids earn them by paying it forward on Mondays, dressing in theme on Tuesdays and by being recognized for good deeds or behavior! Coins awarded all summer long and used to purchase small prizes from the cart. The prize "cost" ranges, starting at just one Camper Coin!

### IMPORTANT!

#### Items to remember

- Snack and Lunch
- Reusable water bottle
- Bug spray
- Sunscreen (spray suggested)
- Bathing suit, towel & water shoes on Thursdays
- Earned Camper Coins
- Label everything!

### COUNSELOR IN TRAINING

Gain skills & experience by enrolling to be a CIT. One week commitment required. Space is limited

Cost: \$60 / Week

**M-F 8:45 PM to 3:15 PM**

Entering 9th & 10th Grade: Counselor in Training

#### Registration Fee

One time/non-refundable \$30

A great experience for future job applications, employment interviews or college applications.

### BEFORE & AFTER CARE

- Available for Summerscape registrants in need of extended care.
- Must pre-register by 12PM on the Friday prior. Weekly registration required.
- Drop off & pick up is in the gym.

### HALF DAY OPTION

Cost: \$125/week

9am-12pm or 12pm-3pm

- Available only for children attending another P&R program and children on Individual Education Plans.
- Must call to register 978-664-6016.

### Summer Scape

\$225 / Week **No Refunds, Transfers or Credits**  
ONE TIME MEMBERSHIP FEE: \$30

One week minimum registration is required and must be completed by 12:00 PM the Friday prior.

### Before and After Care

**Before**  
7:30-9:00AM

**After**  
3:00-5:30PM

Weekly \$60

\$90

Call 978-664-6016 for scholarship information.  
Scholarship deadline is June 1st.



# Pre-School Programs



## Pee Wee Soccer

Join your friends and our Recreation coaches for the popular sport of soccer. Enjoy non competitive group play including shooting, dribbling, passing and skill related games.

**6 week session**

Ages: 3-5 years

**Session 1**  
Dates: Mon, 4/22-6/3  
No program 5/27  
Time: 12:45-1:30 PM

**Session 2**  
Date: Tues, 4/23-5/28  
Time: 9:30-10:15 AM

**Session 3**  
Dates: Wed, 4/24-5/29  
Time: 12:45-1:30 PM

Cost: \$75  
Location: Town Hall Field/Gym  
235 North St, NR 1864

## Wolf Pack Cub Soccer

Join Coach Lee Wilson and Staff for 45-minute sessions, with optional parent participation, focusing on teaching basic soccer skills through fun activities. For many, it's their first social atmosphere with peers, fostering social interaction and coordination. Join us to ignite their love for soccer in a supportive and joyful environment. Let's kick-start their soccer journey together! **T-shirt included**

**6 week session**

Ages: 3-5 years  
Dates: Sat, 4/6-5/18  
No program 4/20

**Session 1**  
Time: 9:00-9:45 AM

**Session 2**  
Time: 10:00-10:45 AM

**Session 3**  
Time: 11:00-11:45 AM

Cost: \$100  
Location: Ipswich River Park, Front Meadow  
15 Central St, NR 01864

## Little Tikes Hike

Do you like bugs, plants, birds and the outdoors? Come hike the trails, along streams & ponds while learning about hiking safety. Each week includes a nature craft or activity! Explore the exciting AVIS trails all within minutes from your home! All trails are simple enough for toddlers and their caregivers.

**5 week session**

Ages: 2 years and older w/adult  
Siblings below the age bracket are welcome at no additional fee

**Session 1**  
Dates: Wed, 4/24-5/22  
Time: 8:30-9:30 AM

**Session 2**  
Date: Wed, 4/24-5/22  
Time: 10:00-11:00 AM

**Session 3**  
Date: Thurs, 4/25-5/23  
Time: 10:30-11:30 AM

Cost: \$55  
Location: Meet @ designated NR location and Follow group to trails



## InclYOUSion Sports

InclYOUSion Sports provides Inclusive sports enrichment programs using innovative behavioral methods to teach sports, fitness and social skills. InclYOUSion Sports programs are designed by physical education, behavioral, and inclusion experts to introduce a variety of sports through a series of lessons focused on skill building.

Classes are non-competitive and are perfect for beginners or for children who are looking for small class sizes taught by well-trained coaches. InclYOUSion Sports provides all equipment and children only need to bring water and wear comfortable clothes and shoes. This great program is designed for children with and without disabilities to learn and play together. Skill building is modified to each child's experience level. This session will focus on learning and playing soccer and baseball!

**8 week session**

Ages: 2-4 years  
Dates: Sun, 4/28-6/23  
No program 5/26

Time: 9:00-9:50 AM  
Cost: \$275  
Location: Ipswich River Park, Front Meadow  
15 Central St, NR 01864

## IncYOUSion Multisports

Join us for a fun 4-week multi-sport program for children of all abilities to learn the fundamentals of soccer, baseball, football, and track and field! Classes are non-competitive and are perfect for beginners or for children who are looking for small class sizes taught by well-trained coaches. InclYOUSion Sports provides all equipment. Children only need to bring water and wear comfortable clothes and shoes. This program is designed for children with and without disabilities to learn and play together. Skill building is modified to each child's experience level.

InclYOUSion Sports provides inclusive sports enrichment programs to children, using innovative behavioral methods to teach sports, fitness, and social skills. Programs are designed by physical education, behavioral, and inclusion experts to introduce all children to a variety of sports through a series of lessons focused on skill building. InclYOUSion Sports is on a mission to make high quality sports enrichment programs accessible to all children.

**4 week session**

Ages: 2-4 years  
Dates: Sun, 7/21-8/11  
Time: 9:00-9:50 AM  
Cost: \$135  
Location: Ipswich River Park, Front Meadow  
15 Central St, NR 01864



## Teddy Bear Picnic

A true North Reading tradition continues. Bring your favorite Teddy Bear or stuffed animal to the picnic for a fun filled morning. Visit the nurses station to get teddy weighed and measured. If teddy is in need of repair, they will be stitched up with tender loving care! Enjoy face painting, crafts, games and more! Bring your lunch and a blanket and picnic on the grass with your teddy at morning's end.

**Event Generously Sponsored by:**  
**PDA Dental Group Reading/Winchester**

Ages: All children welcome  
Date: Wed, 8/21  
Rain date: 8/22  
Time: 10:30 AM-12:00 PM  
Cost: \$12/ child pre registered  
\$14 / day of/walk in  
Location: Ipswich River Park Pavilion  
15 Central St, NR 01864

## Little League Challenger Baseball

Adaptive baseball/softball for kids with special needs. All field usage & equipment donated through NRLL

Ages: 5-18 years old (boys & girls)  
(up to 22 years if still enrolled in school)

Dates: Sundays, 4/28-6/16  
No program 5/26

Time: 9:00-10:30 AM  
Location: Benevento Field Little League Complex  
247 Central Street, NR 01864

To Register visit: <https://www.nrll.org/>

Contact Info: Chris Hanson  
Challenger Division Director  
Cell-781-439-9031

Email: [Chrisanson2925@gmail.com](mailto:Chrisanson2925@gmail.com)



## TOPSoccer

A modified version of the game of soccer designed to provide opportunities for children with physical, cognitive or other challenges. Offering fun, fitness and self esteem for children with special needs. Each player is paired with a Buddy!

Age: 4-19 years  
Dates: Sun 4/7-6/2  
No program 5/12, 5/26  
Time: 11:00 AM-12:00 PM  
Cost: \$25  
Location: Maguire Field,  
168 Chestnut St, NR 01864

Registration opens 2/26

Link to Register: <https://www.nrys.org/>  
Email: [TOPS@nrys.org](mailto:TOPS@nrys.org)



## Correia Youth Soccer Clinic

Join Matt Correia and his staff for this great youth soccer clinic designed for kids to have fun while learning and improving their soccer skills. Grouped by age.

**4 day session**

Grades: K-8  
Dates: Mon-Thurs  
7/29-8/1  
8/2 rain date  
Time: 9:00 AM-12:00 PM  
Cost: \$200  
Location: Ipswich River Park  
15 Central St, NR 01864

## Healthy Kids Running Series

NRP&R is joining Tyler Axelson this spring for the popular Healthy Kids Running Series here in North Reading! A national, community-based non-profit that provides a fun, inclusive, five-week running series for ages 2-14 designed to get kids active, build self-esteem and lay the foundation for a healthy lifestyle.

**5 week session**

Ages: 2-14 years  
Dates: Sun, 4/7-5/12  
No program 5/5  
Rain date 5/19  
Time: 3:00-6:00 PM

Link to Register: <https://runsignup.com/Race/MA/NorthReading/HKRSNorthReadingMA>



# April Vacation Programs

## Sparkles

NRP&R is excited to partner with local business Sparkles for some vacation week fun! Register for one or more of these fun creative classes. NR Recreation staff will be on site to supervise and assist as needed.

**Cost:** \$45 per class  
**Location:** 246 Main St, NR 01864

**Session 1**  
Ages: 4-6 years  
Time: 10:00-11:00 AM  
**Session 2**  
Ages: 7-11 years  
Time: 12:00-1:00 PM

## Glass Painting, Tues 4/16

Join us for this fun creative class. Kids design and decorate their own unique piece of glass artwork. Use as a wall decoration, jewelry or knickknack holder.

## Memo Board, Wed 4/17

Design and create a unique memo board to hang in your room with pictures of friends and fun memories!

## Bath Bomb & Bath Salts, Thurs 4/18

Join us to make a super cute bath bomb, and bubble bath salts!

## Sweet Treats, Fri 4/19

Kids get together for some sweet fun!  
Ages: 4-6 years  
Time: 10:00-11:00 AM  
Cost: \$45  
Location: 246 Main St, NR 01864

## Craft Time, Fri 4/19

Kids make any image they want to with this fun creative paper/canvas craft. ie: initial, heart, flag, flower etc.  
Ages: 7-11 years  
Time: 12:00-1:00 PM  
Cost: \$45  
Location: 246 Main St, NR 01864

## All Sports Clinic

All Sports Clinic offers multiple sports in a fun and relaxed environment. Sports offerings include: soccer, mat-ball, basketball, football, floor hockey and many new and exciting recreational games. The clinic is a great way for students to be active in a safe environment. All-Sports instructor, Kevin Fessette, has taught All-Sports camps for 10 years and has also served as the Camp Director for Belmont Schools & a High School Physical Education teacher at Melrose HS for 10 years.  
**3 day session**

Ages: 7-11 years  
Dates: Tues-Thurs 4/16-4/18  
Time: 9:00 AM-12:00 PM  
Cost: \$150  
Location: Town Hall Gym  
235 North St, NR 01864

## Tennis Clinic with Recreation

Elementary age kids join local Tennis Pro Matt Tiberii and Recreation for four days of Tennis fun with this program full of skill development and training followed by Match play! Kids are separated by skill level and age.  
**4 day session**

Grades: K-5  
Dates: Tues-Fri 4/16-4/19  
Time: 9:00 AM-12:00 PM  
Cost: \$200  
Location: NR High School Tennis Courts  
189 Park St, NR 01864

# Spring Youth Programs

## Adult/Family First Aid & CPR

NRP&R and the North Reading Police Department have joined forces to bring first aid and CPR to the community. The program is taught in a very relaxed atmosphere where it is easy for everyone to learn and pass certification. Must attend both nights to be certified. Limited openings.  
**2 night session**

Ages: 16 years and up  
Dates: Tues/Thurs  
6/10 & 6/12  
Time: 6:00-9:00 PM  
Cost: \$65  
Location: N.R. Police Station  
Henry Purnell Room  
150 Park St, NR 01864

## Archery

This great program is led by USA Archery-certified coach Bob Wait. The first day starts with our range safety orientation. You will learn the fundamentals of target archery, including proper shooting form, range safety and procedures, scoring, and much more. OSA provides everything needed to participate. Come join us for lots of shooting and fun!  
**No - Equipment - No problem!**  
**5 week session**

Ages: 9-17 years  
Dates: Thurs, 5/23-6/20  
Time: 3:30 PM-4:30 PM  
Cost: \$140  
Location: Town Hall Field  
235 North St, NR 01864

## USTA Tennis

The tennis program where kids play while they learn! We are excited to welcome back (USTA) United States Tennis Association this Spring/Summer. Led by an approved USTA tennis coach, this program will focus on developing skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program.

This program uses modified tennis balls, age appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! Players in their first session will receive a new age appropriate racket and ball!  
**6 week session**

Dates: Sun, 4/28-6/9  
No program 5/26

### Entering grade - fall 2024

Grade	Time	Ball Color
1st - 2nd	1:00-2:00 PM	red ball
3rd - 5th	2:00-3:00 PM	orange ball
6th - 8th	3:00-4:00 PM	green ball

Cost: \$85  
Location: NR High School Tennis Courts  
189 Park St, NR 01864

## First ThRO Disc Golf

Have fun learning one of the fastest growing sports in the country, disc golf. During this clinic you will learn the skills, rules, score keeping and course play. All you will need to bring is a water bottle and the energy to have a great time!  
**Discs and fun provided!**  
**4 week session**

Ages: 8-12 years  
Dates: Mon, 4/22-5/13  
Time: 2:45-3:45 PM  
Cost: \$90  
Location: Ipswich River Park,  
Front Meadow  
15 Central St, NR 01864



## InclYOUsion Sports

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InclYOUsion Sports provides all equipment and children only need to bring water and wear comfortable clothes and shoes. This great program is designed for children with and without disabilities to learn and play together. Skill building is modified to each child's experience level. This session will focus on learning and playing soccer and baseball!  
**8 week session**

Ages: 5-7 years  
Dates: Sun 4/28-6/23  
No program 5/26  
Time: 10:00-10:50 AM  
Cost: \$275  
Location: Ipswich River Park, Front Meadow  
15 Central St, NR 01864

## Healthy Kids Running Series



NRP&R is joining Tyler Axelson this spring for the popular Healthy Kids Running Series here in North Reading! A national, community-based non-profit that provides a fun, inclusive, five-week running series for ages 2-14 designed to get kids active, build self-esteem and lay the foundation for a healthy lifestyle.  
**5 week session**

Ages: 2-14 years  
Dates: Sun 4/7-5/12  
No program 5/5  
Rain date 5/19

**To register:** <https://runsignup.com/hkrsnorthreading?remMeAttempt=>

Register early for discounted rate!



## TOP Soccer

A modified version of the game of soccer designed to provide opportunities for children with physical, cognitive or other challenges. Offering fun, fitness and self esteem for children with special needs. Each player is paired with a Buddy!

Age: 4-19 years  
Dates: Sun 4/7-6/2  
No program 5/12, 5/26  
Time: 11:00 AM-12:00 PM  
Location: Maguire Field,  
168 Chestnut St, NR 01864

Registration opens 2/26

**Link to Register:** <https://www.nrys.org/TOPS@nrys.org>  
**Email:** [TOPS@nrys.org](mailto:TOPS@nrys.org)



# Summer Youth Programs

## Recreation Youth Volleyball Clinic



North Reading Recreation is bringing back and growing the Youth Volleyball Summer Academy. NRHS coaches and players will share their knowledge and enthusiasm for the sport they love to play. Due to the overwhelming interest in this great clinic, we are offering two sessions again this summer. Learn basic skills, as well as the more competitive side of volleyball. Grouping will be determined by level of play to allow for the most appropriate experience for all players. Get ready to bump, set, and spike your way into this fun filled and competitive sport!

**4 day session**

Dates: Mon-Thurs  
7/29-8/1

Grades: 4th through 6th  
Times: 8:00 AM-11:00 AM

Grades: 7th through 9th  
Times: 11:30 AM-2:30 PM

Cost: \$145  
Location: NR High School Gym  
189 Park St, NR 01864

## Recreation Hornet Hoops Basketball Clinic



NRHS teacher and former Arlington HS basketball Coach Kevin Lentini has partnered with NRP&R to bring "Hornet Hoops" basketball clinic to NR again this summer! This four day clinic focuses on skill development for boys and girls of all ages in a fun, competitive learning environment. Younger players will build foundational skills such as ball handling, passing and shooting. Older players will receive expert skill development including advanced ball handling, post moves, 3 point shooting mechanics, shot selection and man to man defensive concepts. At all levels there will be a combination of skills, drills and live scrimmages. Kevin is a top 5 all time leading scorer at NRHS and he played Varsity Basketball at Bates College. **T-shirt included**

**4 day session**

Ages: Boys & Girls 8-15 years

**Session 1**  
Dates: Mon-Thurs  
7/15-7/18

**Session 2**  
Dates: Mon-Thurs  
7/22-7/25

Time: 9:00 AM-3:00 PM  
Cost: \$285  
Location: NR High School Gym  
189 Park St, NR 01864

## Recreation Track & Field Clinic



Join North Reading Parks & Recreation and NRHS Track Coaches, Sotirios Pintzopoulos, Thomas Ledoux and Joshua Rocco for five mornings at the AJK Turf & Track Facility. Each morning's sessions will consist of 3 hours of expert instruction from High School coaches and athletes, which will include a 15 minute warmup routine, six 20 minute stations working on the different event areas of track and field with break times as needed. Instruction will include event rules, proper techniques, safety issues, and insights into gaining the "competitive edge." Each morning will end with either 50 yard dash races or 50 yard hurdle races (11:40am-12pm). Participants will be divided into groups based on grades. Grade based on 2023-2024 school year enrollment. All participants receive a **T-shirt** at the conclusion of the program.

**5 day session**

Grades: K-8

**Session 1** Mon-Thurs 6/24-6/28  
**Session 2** Mon-Thurs 7/8-7/12

Time: 9:00 AM-12:00 PM  
Cost: \$175 per session  
Location: AJK Turf & Track Facility  
189 Park St, NR 01864

## Recreation Girls Field Hockey Clinic



Learn the game of Field Hockey and improve your fundamentals. New skills are taught daily along with opportunities to advance your game!

**3 day session**

Grades: 2nd through 8th  
Dates: Mon-Wed  
8/5-8/7  
Time: 9:00 AM-11:00 AM  
Cost: \$80  
Location: AJK Turf & Track Facility  
189 Park St, NR 01864

## Correia Youth Soccer Clinic



Join Matt Correia and his staff for this great youth soccer clinic designed for kids to have fun while learning and improving their soccer skills.

**4 day session**

Grades: K-8  
Dates: Mon-Thurs  
7/29-8/1  
8/2 rain date  
Time: 9:00 AM-12:00 PM  
Cost: \$200  
Location: Ipswich River Park  
15 Central St, NR 01864

## Flag Football (Night) League



Tuesday nights this summer, NRP&R and New England Flag Football are running a flag football league and developmental program for boys and girls. Flag Football is a fun, non contact game to keep your kids outside and active through the summer.

**T-shirt and flag belt included**

**5 week session**

Ages: 6-12 years  
Dates: Tues, 7/9-8/6  
Time: 5:30 PM-7:00 PM  
Cost: \$90  
Location: AJK Turf & Track Facility  
189 Park St, NR 01864

## Football Clinic with Athletic Evolution



Get ready to score big this July! Join us for an exciting Youth Football Clinic designed by Athletic Evolution's Impact Football Academy to enhance skills, boost confidence, and ignite a passion for the game. Three days of non-stop action, camaraderie, and football fun! Learn and refine fundamental techniques. Engage in friendly competitions and drills. Receive expert coaching from seasoned football professionals.

**3 day session**

Ages: 6-13 years  
Dates: Tues-Thurs  
7/16-7/18  
Time: 9:00 AM-12:00 PM  
Cost: \$200  
Location: AJK Turf & Track Facility  
189 Park St, NR 01864

## First ThRO Disc Golf Youth Clinic



Have fun learning one of the fastest growing sports in the country, disc golf. During this clinic you will learn the skills, rules, score keeping and course play. All you will need to bring is the energy to have a great time!

**4 day session**

Ages: 8-12 years  
Dates: Mon-Thurs  
8/12-8/15  
Time: 9:00 AM-10:00 AM  
Cost: \$90  
Location: Ipswich River Park, Front Meadow  
15 Central St, NR 01864

## Hillview C.C. Jr. Summer Golf Lessons



Kids ages 9-13 years come together with Hillview's golf pro, Chris Carter, and his staff to learn the fundamentals of golf. Everyone will have fun while learning grip, stance, set-up, swing and much more. One day of class will be played on the golf course. Space is Limited!

**3 day session**

Ages: 9-13 years

Dates: Tues-Thurs  
7/9-7/11

**Session 1**

**Session 2** Tues-Thurs  
8/6-8/8

Time: 9:00 AM-10:30 AM  
Cost: \$120  
Location: Hillview Country Club  
149 North St, NR 01864

## New England Basketball



Mat Beaver of NEBB is bringing his energy and talent back to North Reading this summer! Come join Coach Mat for this fun three day Summer Basketball Academy packed with skills, drills, games & more! **Jersey included**

**3 day session**

Dates: Tues-Thurs  
7/9-7/11

Grades: Kinder thru 1st  
2nd thru 4th  
(grouped by grade / skill level)

Time: 9:00 AM-1:00 PM  
Cost: \$175  
Location: NR High School Gym  
189 Park St, NR 01864

## All Sports Clinic



All Sports Clinic offers multiple sports in a fun and relaxed environment. Sports offerings include: soccer, mat-ball, basketball, football, floor hockey and many new and exciting recreational games. The clinic is a great way for students to be active in a safe environment. Instructor, Kevin Fessette, has taught All-Sports camps for 10 years and has served as the Camp Director for Belmont Schools & a High School Physical Education teacher at Melrose High School for 10 years.

**3 day session**

Ages: 7-11 years  
Dates: Tues-Thurs  
7/23-7/25

Time: 9:00 AM-12:00 PM  
Cost: \$150  
Location: Ipswich River Park  
15 Central St, NR 01864

## IncYOUision Sports Multisports



Join us for a fun 4-week multi-sport program for children of all abilities to learn the fundamentals of soccer, baseball, football, and track and field! Classes are non-competitive and are perfect for beginners or for children who are looking for small class sizes taught by well-trained coaches. IncYOUision Sports provides all equipment. Children only need to bring water and wear comfortable clothes and shoes. This program is designed for children with and without disabilities to learn and play together. Skill building is modified to each child's experience level.

**4 week session**

Ages: 5-7 years  
Dates: Sun, 7/21-8/11  
Time: 10:00-10:50 AM  
Cost: \$135  
Location: Ipswich River Park, Front Meadow  
15 Central St, NR 01864



# Summer Youth Programs Continued

## Wolf Pack Youth Sports Medley Clinic



Join Coach Lee for this fun clinic that will focus on the core sports of Soccer, Flag Football and Basketball while incorporating games in other structured activities. A typical day may start with Soccer fundamentals and end with kickball. Participants are encouraged to contribute game ideas while socializing in a structured atmosphere. **T-shirt included 4 day session**

Ages: 7-14 years  
Dates: Mon-Thurs 8/5-8/8; Rain date 8/9  
Time: 9:00 AM-12:00 PM  
Cost: \$195  
Location: Ipswich River Park, 15 Central St, NR 01864

## S.T.A.C. Training Program



Wolf Pack's S.T.A.C. Training Program, encompassing speed, technique, agility, and conditioning, is perfect for athletes looking to excel in various sports. Whether it's flag football, soccer, lacrosse, or any sport requiring speed & agility, our specialized training will enhance performance and build a strong foundation of athleticism. Participants will experience personalized coaching and cutting-edge training techniques. **2 times a week 6 week session**

Ages: 7-14 years  
Dates: Tues & Thurs 7/9-8/22  
No program 8/6, 8/8  
Time: 4:30 PM-5:30 PM  
Cost: \$120  
Location: Ipswich River Park, Front Meadow 15 Central St, NR 01864

## RoboThink Engineer Tanks



Attention, tank enthusiasts and battle enthusiasts alike! Our battle themed camp is making a triumphant return, and this time, it's all about tanks! Join us as students immerse themselves in the thrilling world of tank construction, taking on various challenges and engaging in exciting robot battles. This program is specially designed for seasoned RoboThinkers hungry for an advanced challenge, although newcomers are more than welcome to join in the fun. So get ready to engineer and command your very own tanks - it's time to unleash your strategic brilliance on the battlefield! **3 day session**

Ages: 7-14 years  
Dates: Tues-Thurs 8/20-8/22  
Time: 9:00 AM-12:00 PM  
Cost: \$240  
Location: Town Hall Gym 235 North St, NR 01864

## Archery Clinic



This great program is led by USA Archery-certified coach Bob Wait. The first day starts with our range safety orientation. You will learn the fundamentals of target archery, including proper shooting form, range safety and procedures, scoring, and much more. OSA provides everything needed to participate. Come join us for lots of shooting and fun! **No - Equipment - No problem! 4 day session**

Ages: 9-17 years  
Session 1: Mon-Thurs, 7/15-7/18  
Session 2: Mon-Thurs, 8/12-8/15  
Time: 9:00 AM-10:00 AM  
Cost: \$120  
Location: Town Hall Field 235 North St, NR 01864

Do you want to help?

## Sponsor A Child

Donations accepted year round to send a child to a Recreation program

Your generosity makes a difference in a child's life!

Donations can be made on our registration page

THANK YOU!



Check your emails before heading out!



Remember to apply sunscreen



Bring a refillable water bottle



Bring snacks and/or lunch



## Parks & Recreation Committee & Staff



### Committee Members:

Ron Kern, Chairperson  
Rita Mullin  
Billie Luker  
Patricia Fillmore  
Sheila Sturdevant  
Bill Cannell

### Staff:

Marty Tilton, Parks Director/DH  
Nancy Ursino, Recreation Director  
Maria Brown, Operations Director

Ashley Leboeuf, Recreation Programmer  
Heidi Veader, Administrative Assistant

Rebecca Lowe, Instructor  
Beatriz Vautin, Instructor

Mike Marciano, Parks Foreman  
Brian Auld, Parks Equipment Operator  
Rich Giordano, Parks Maintenance

## TOWN MEETING DATES

SPRING  
JUNE 10, 2024

FALL  
OCTOBER 7, 2024

Register Today!

